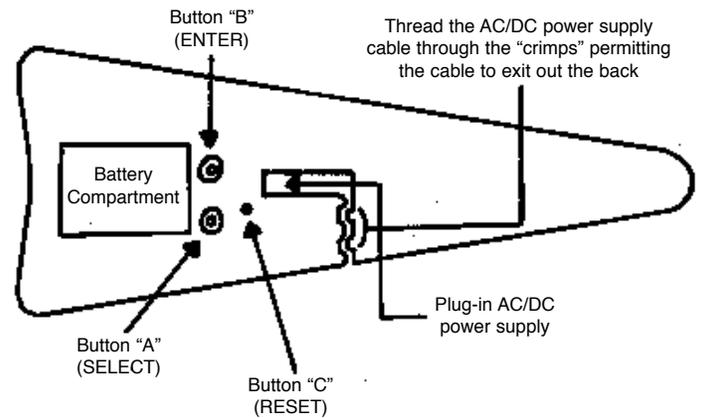


CAT # CDC-1 COUNTDOWN CLOCK HOOK-UP / INSTRUCTION SHEET



Theory and Operation:

The "Timisis" LifeClock calculates your life expectancy and displays the hours, minutes and seconds that remain. When you set the clock, you are asked to enter your age and sex. On the LifeClock the time allotted a man's life is 75 years, 80 years for a woman's. If you wish to give yourself a longer life expectancy, because of good health habits or heredity, enter your age as being younger by the number of years you wish to add.

You can use the clock to measure shorter intervals as well. For instance, if you want to set a personal goal of two months to complete a task, subtract two months from the pre-programmed 75-80 year life expectancy number and the clock will calculate and display the two month interval. Example: 2 month goal for a male = 75 years - 74 years, 2 months.

Power requirements:

6.5 to 7.5 Vdc wall transformer with a 2.1 mm coax power plug, center positive. Plugs into slot in bottom of clock. If you use our wall transformer, CAT # DCTX-6570, you will need to cut off the plug and splice on a 2.1mm plug. Be sure to get the polarity right.

Note: Battery holder for 3 AAA batteries – this is for backup memory only. Not required for normal operation.

Entering information: On the bottom of the Lifeclock are three buttons (see illustration), button A "Select", Button B "Enter" and Button C "Reset". The reset button, C, is recessed to prevent accidental erasure. It requires a pencil point or paperclip to activate.

When the unit is plugged in, "Timisis by LifeClock" will appear on the screen. Next, "Copyright 1992 LifeClock Corp" will appear. Next "Enter Your" and "First Name" will alternate on the display. Press Button A until you see the letter you desire, then press Button B to enter. The cursor will then move to the right for the next letter. When you have entered all of the characters in your name press enter again, and move to the next step, selecting gender. Continue through the process for gender, age and time of day.

If you make a mistake, press the "Reset" button. This will erase all of the information, and you will need to start over.